

FLEET FEET DECATUR

431 W Ponce de Leon Ave (across from the Post Office) Decatur, GA

www.fleetfeetdecatour.com 404-371-0208

Distance = 9 miles	Fleet Feet 9M East Lake
Street Directions	
Start at Fleet Feet	
West on Ponce de Leon Ave	
Left on Adair St	
Left on Howard	
Cross Railroad	
Right on College Ave	
Left on East Lake Dr	
Bear right on 2nd Ave	
Left on Glenwood Ave	
Left on Allendale	
Left on Alston Dr	
Right on East Lake Dr	
Right on Oakview Rd	
Cross McDounough St to Green St Path	
Left on Candler	
Cross Railroad	
Continue on Candler	
Right on Sycamore Dr	
Left on Ponce de Leon Ave	
End at Fleet Feet	

PLEASE BE SAFE! - RUNNERS ASSUME ALL RISK

- Be seen - wear light/reflective material
- Watch for and give cars leeway
- Don't trip - watch your footing
- Stay alert and aware
- Obey traffic signals
- Carry identification
- Carry a cell phone - dial 911 for emergency
- Adjust for weather conditions
- Stay hydrated