

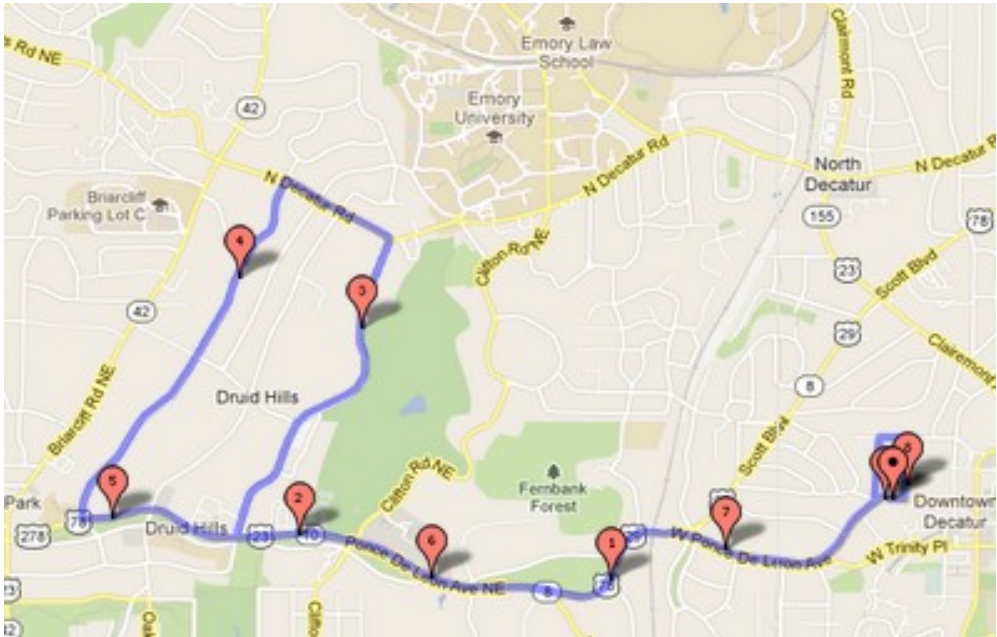
# **FLEET FEET DECATUR**

**431 W Ponce de Leon Ave (across from the Post Office) Decatur, GA**

**www.fleetfeetdecatour.com 404-371-0208**

<b>Distance = 8 miles</b>
<b>Street Directions</b>
Start at Fleet Feet
West on Ponce de Leon Ave
Right on Lullwater Rd
Left on North Decatur Rd
Left on Springdale Rd
Left on Ponce de Leon Ave
Bear right on Ponce de Leon Ave after rail overpass
Left on Northern Ave
Right on Oakland St
Right on Fairview Ave
Right on Ponce de Leon Ave
End at Fleet Feet

**Fleet Feet 8M Lullwater Springdale**  
<http://www.gmap-pedometer.com/?r=5772088>



**PLEASE BE SAFE! - RUNNERS ASSUME ALL RISK**

- Be seen - wear light/reflective material
- Watch for and give cars leeway
- Don't trip - watch your footing
- Stay alert and aware
- Obey traffic signals
- Carry identification
- Carry a cell phone - dial 911 for emergency
- Adjust for weather conditions
- Stay hydrated