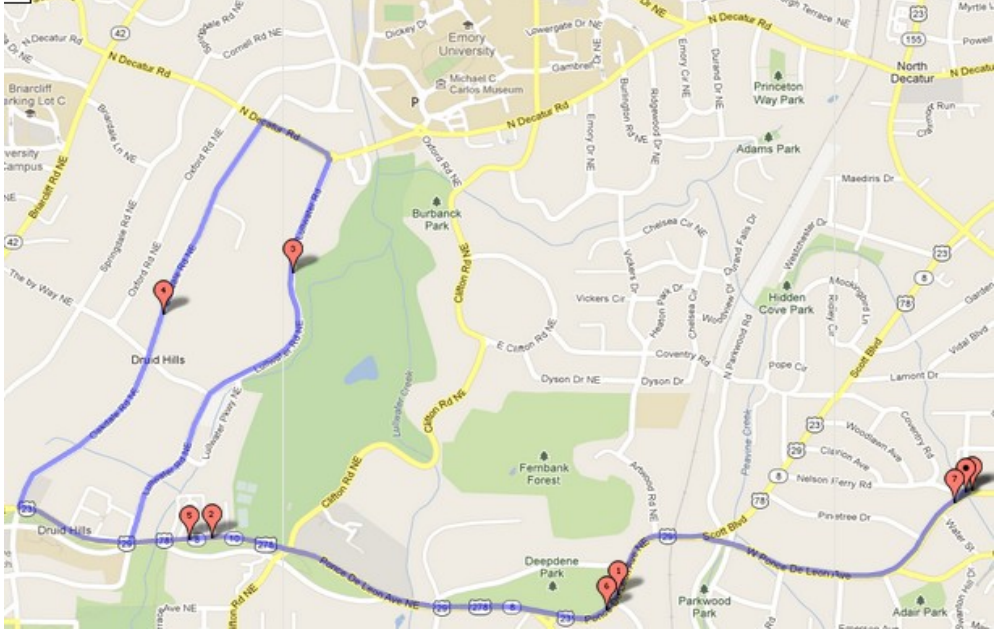


FLEET FEET DECATUR

431 W Ponce de Leon Ave (across from the Post Office) Decatur, GA
www.fleetfeetdecatur.com 404-371-0208

Distance = 7 miles
Street Directions
Start at Fleet Feet
West on Ponce de Leon Ave
Right on Lullwater Rd
Left on North Decatur Rd
Left on Oakdale Rd
Left on Ponce de Leon Ave
Bear right on Ponce de Leon Ave after rail overpass
End at Fleet Feet

Fleet Feet 7M Lullwater Oakdale
<http://www.gmap-pedometer.com/?r=5772066>



PLEASE BE SAFE! - RUNNERS ASSUME ALL RISK

- Be seen - wear light/reflective material
- Watch for and give cars leeway
- Don't trip - watch your footing
- Stay alert and aware
- Obey traffic signals
- Carry identification
- Carry a cell phone - dial 911 for emergency
- Adjust for weather conditions
- Stay hydrated